

Key Content (New Learners)

Explore what I am looking forward to next year	Identify changes that will happen within myself and others	Express how I feel
--	--	--------------------

Lesson 1	To understand that everyone is unique and special	
Lesson 2	To express how I feel about change happening	
Lesson 3	To understand and respect the changes in myself	
Lesson 4	To understand and respect the changes I see in other people	
Lesson 5	To understand and respect the changes I see in other people	
Lesson 6	To know who to ask for help and looking forward to the year ahead	
End point	End of unit quiz style questions	

Age appropriateness	Suitable and right for people of your age.
Body image	The idea someone has about what their own body looks like.
Comparison	The act of considering the similarity or differences between two or more things.
Growth spurt	When you have a lot of changes in your body and you start becoming a teenager.
Ejaculation	The release of sperm.
Erection	When a man's penis is bigger, harder and raises up in preparation for making love.
Fallopian Tube	Two tubes in a woman's body where eggs travel from the ovaries to the womb.
Fertilised	A male cell joining to a female cell to create a new animal.
Genitals	The outer sexual organs, especially the penis, or vulva.
Making love	Sexual activity which can result in the making of a baby.
Menstruation	The flow of blood from a woman's uterus.
Uncircumcised	To cut the protecting loose skin off a boy's or man's penis for medical, religious or traditional reasons.