

## PSHE Unit 6- changing me

| Key Content (New Learn                         |  |  |                    | Age<br>appropriateness | Suitable and right for people of your age.   |
|--|--|--|--------------------|------------------------|--|
| Explore what I am looking forward to next year |  | Identify changes that will happen within myself and others | Express how I feel | Body image             | The idea someone has about what their own body looks like.   |
| Lesson 1                                       |  |  |                    | Comparison             | The act of considering the similarity or differences between two or more things.                           |
| Lesson 2                                       | To express how I feel about change happening   |  |                    | Growth spurt           | When you have a lot of changes in your body and you start becoming a teenager.                             |
|  |  |  |                    | Ejaculation            | The release of sperm.  |
| Lesson 3                                       | To understand and respect the changes in myself  |  |                    | Erection               | When a man's penis is bigger, harder and raises up in preparation for making love.                         |
| Lesson 4                                       | To understand and respect the changes I see in other people  |  |                    | Fallopian Tube         | Two tubes in a woman's body where eggs travel from the ovaries to the womb.                                |
| Lesson 5                                       | To understand and respect the changes I see in other people  To know who to ask for help and looking forward to the year |  |                    | Fertilised             | A male cell joining to a female cell to create a new animal.   |
|  |  |  |                    | Genitals               | The outer sexual organs, especially the penis, or vulva.   |
| Lesson 6                                       | ahead  |  | , , ,              | Making love            | Sexual activity which can result in the making of a baby.  |
| End point                                      | End of unit quiz style questions   |  |                    | Menstruation           | The flow of blood from a woman's uterus.   |
|  |  |  |                    | Uncircumcised          | To out the protecting loose skin off a boy's or man's penis for medical, religious or traditional reasons. |