

PE

Unit 5 - Basketball.

Key Content (New Learning)				
Physical: run, jump, throw, catch, dribble, shoot		Social: collaboration, communication, cooperation, respect	Emotional: honesty and fair play, confidence, persevere	Thinking: reflection, decision making, select and apply, use tactics, observe and provide
Lesson 1 Lesson 2	To dribble with control under pressure. To move into and create space to support a teammate.			Dribble – ball-handling skills. and knowledge of how to spread your fingers for ball control
Lesson 3	To choose when to pass and when to dribble.			Control – To exercise restraint or direction over; dominate; command.
Lesson 4	To use the appropriate defensive technique for the situation.			

To develop shooting technique and make decisions about when to pass, dribble or shoot.

End point

Lesson 5

To apply principles, rules and tactics to a tournament.

Pass – move or cause to move in a specified direction.

Defensive – the action of preventing an opponent from scoring.